



10 Commandments Of Good Sportsmanship

Thou Shalt



I. Win with humility

II. Be prepared physically, mentally, and spiritually for every challenge.

III. Offer courtesy to all opponents, officials, and team members.

IV. Contribute one hundred per cent effort, no matter what the odds or conditions.

V. Be a responsible and reliable team member.

VI. Practice fairness with all participants at all times.

VII. Place teamwork above individual performance.

VIII. Set a good example through positive words and actions.

IX. Always value sportsmanship.

X. Do unto others as thou would have them do unto you.

